



Welcome Barb Robinson



Vivante Spa & Wellness Center

Welcomes Barb Robinson to our fitness team.

Barb moved to Charlotte County in 1983 from upstate NY. She is a Certified Aerobics Instructor and Personal Trainer with Aerobics and Fitness Assoc. of America.

Barb taught high and low impact classes at the Wellness Center in Punta Gorda and Port

Charlotte for 10 years. She is certified in Step Aerobics and Water Aerobics, teaching classes at the YMCA for 20 years. Barb is an avid tennis player and specializes in training for the sport. She worked at a local tennis Club as a Personal Trainer for several years, helping the tennis players to get in shape for the sport they love to play and to teach injury prevention.

No matter what your sport, shape, or age, Barb can design a workout routine that will help you achieve your fitness goals.

Barb will be offering personal training sessions & introduction to the weight room class.

Personal training is \$65/hour

Weight room training for 2 is \$30/person.

Call or email Barb now to make an appointment

941-628-3664

barbspool@embarqmail.com